

Hi Everybody,

Thank you for your overwhelming response regarding this special fitness discount Premier Fitness has made available to OCSTA employee's, family and friends. Below are answers to most of the questions your group has had about this membership:

1, This membership provides you access to 35 locations across Ontario. Please see the attached list for the location nearest you. (The only two clubs that involve an additional \$100 cost for the year are the Premier Fitness Clubs on Kings Cross in Brampton and the soon to be 24 hours club in Oakville on Trafalgar Rd. The ladies club at this location is included). This membership is an all inclusive membership, except for the boxing studio.

2, Membership Includes the Following Services and Features:

All fitness classes, including: yoga, pilates, boot camp, aquafit, etc.

Personal Fitness Programs

Strength training/ Free Weights

Circuit training

Cardio equipment, cardio theatre, mini TV's

Basketball courts (where available)

Free Parking

Swimming Pool/Steam Room

Sauna/Whirlpool (where available)

Spacious Aerobics Studios

Private Showers with amenities (Soap, Shampoo, Conditioner)

Executive change rooms with full size lockers

Private Women's Clubs

* Extra services available: boxing club, daycare, massage

3, Your children from 8 – 15 can join our Kids Play-Zone for only \$199 for the full year at the following locations (Oshawa, Mississauga, Milton, Kingston, St. Catherines).

4, The Whitby location currently being built will be up and running at the end of the year 2010. The adjacent Oshawa Club on Ritson Rd. is one of our "Super Clubs" with basketball, running track, Olympic pool, kids pool, water slide and much more.

5, The offer is open for family and friends even if you do not enroll yourself.

6, The discount can not be purchased at individual club locations. You must go through Brandice Triolet at Corporate Head office.

To enroll please fill out this membership form and fax it back to 416-341-2580 or for phone orders or for further questions please call Brandice 416-341-2582

*Once we have received your membership we will call you to arrange your club orientation at your club of choice.

Due to the extreme interest, we will do our best to return your call within 48 hours.

- Premier Fitness